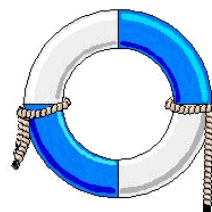


# Lifesaver



## How to earn your badge:

1. Demonstrate and explain how you would perform a rescue using the following:

- shout and/or reach
- throw a buoyancy aid
- throw a rope
- wade
- tow with an aid
- clothing tow
- support tow

2. Reach the standard of **one** of the following:

- RLSS UK Survive and Save Silver for the Medallion, Stillwater or Beach award
- RLSS UK Survive and Save Gold for the Medallion, Stillwater or Beach award

3. Explain and, where possible, demonstrate methods of rescue used in cases of:

- a person and a pet falling through ice
- a house fire
- gas poisoning
- a car accident
- contact with a live wire

### Explorer Scout use only: (tick when completed, for your records only)

No. 1A	No. 1B	No. 1C	No. 1D	No. 1E	No. 1F	No. 1G	No. 2
No. 3A	No. 3B	No. 3C	No. 3D	No. 3E			