

SAILING BADGE

Stage 1

Choose 1 of the following options:

1. Complete the following badge requirements:
 - a. Identify different types of sailing crafts.
 - b. Name three places you could safely go sailing.
 - c. Take part in a warm up activity to prepare you for a sailing activity.
You could try tacking and gybing, hiking out or syncro-jump to cross the boat together in a tack or gybe.
 - d. Dress properly for a sailing activity, showing you know the importance of buoyancy aids and how to put one on correctly.
 - e. Take part in a taster session that covers:
 - Being able to name equipment used and parts of the boat.
 - Getting into and out of a boat safely.
 - Balancing a boat.
 - Manoeuvring your boat in different directions, including moving forward.

2. Complete the RYA Youth Sailing Scheme Stage 1.

You can find out more about the Scheme on the [RYA website](https://www.rya.org.uk/courses-training/courses/dinghy-multi-keel/Pages/youth-beginners-courses.aspx).

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SAILING BADGE

Stage 2

Choose 1 of the following options:

1. Complete the following badge requirements:
 - a. Launch and recover your dinghy.
 - b. Control the direction and speed of your dinghy to steer around a course.
 - c. Stop your dinghy safely.
 - d. Capsize and get to the shore safely, and recover the dinghy.
 - e. Show you can moor your dinghy.
 2. Complete the RYA Youth Sailing Scheme Stage 2.

You can find out more about the Scheme on the [RYA website](#).
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Stage 3

Choose 1 of the following options:

1. Complete the following badge requirements:

If you're using a keelboat, you don't have to complete steps 1-3.

- a. Prepare, launch and recover your boat in an onshore wind.
- b. Show the correct way to store your boat ashore.
- c. Show you can right a capsized dinghy as helm or crew.
- d. Show you know how to recover a man overboard.
- e. Demonstrate ability in the following:
 - Sail setting
 - Balance
 - Trim
 - Course made good
 - Centreboard
 - Taking upwind
 - Gybing from a training run
 - Coming alongside a moored boat
 - Picking up a mooring
- f. Learn how a sail works and its basic aerodynamics.
- g. When sailing, show you can understand and use basic terminology, such as windward, leeward, and bear away.

2. Gain a Personal Activity Permit for Dinghy Sailing.

Find out more about the Adventurous Activity Permit Scheme.

3. Complete the RYA Youth Sailing Scheme Stage 3.

You can find out more about the Scheme on the [RYA website](#).

SAILING BADGE

Stage 4

Choose 1 of the following options:

1. Complete the following badge requirements:
 - a. Launch and recover your boat in any wind direction.
 - b. Set up your boat according to weather conditions, using sail and rig controls.
 - c. Show that you're able to recover a man overboard.
 - d. Show that you know about:
 - International Regulations for Preventing Collision at Sea (IRPCS)
 - Beaufort Scale
 - Synoptic charts
 - Tidal ebb and flow
 - Spring and neap tides

2. Complete the RYA Youth Sailing Scheme Stage 4.

You can find out more about the Scheme on the [RYA website](#).



SAILING BADGE

Stage 4

1. Complete the following badge requirements:
 - a. Launch and recover your boat in any wind direction.
 - b. Set up your boat according to weather conditions, using sail and rig controls.
 - c. Show that you're able to recover a man overboard.
 - d. Show that you know about:
 - International Regulations for Preventing Collision at Sea (IRPCS)
 - Beaufort Scale
 - Synoptic charts
 - Tidal ebb and flow
 - Spring and neap tides

2. Complete the RYA Youth Sailing Scheme Stage 4.

You can find out more about the Scheme on the [RYA website](#).