

DRAGON BOATING BADGE



How to earn your badge...

1. Learn the safety rules, the capsize drill and the water buddy system
2. Learn the procedures for loading, numbering off, stopping, bracing the boat, forward and backward paddling
3. Learn the instructions and commands issued by The Dragon Boat Racing Association
4. Carry out practice training sessions for a minimum of two hours. Practice a race over a distance of at least 250 metres
5. Take part in a competitive or timed dragon boat event over a course of at least 250 metres

You can use a bell boat.

Scout use only: (tick when completed for your records only)

No. 1	No. 2	No. 3	No. 4	No. 5



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