

SUPER CHEF ACTIVITY BADGE

How to earn your badge...

1. The food we eat comes from lots of different places all over the world. Some grows underground, some grows on bushes or trees, and some comes from animals. Think about the foods you eat and explore where some of them come from.
2. We can use all our senses to find out about food. It can be sweet, salty, crunchy, soft, or even brightly coloured. Are there any new foods you'd like to try? Explore some new foods with your friends.
3. Having fun while cooking isn't just for grownups. Wash your hands, follow a recipe, and make a tasty snack with your friends.



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